

For the 3rd year in a row...

Thompson Health Named A Top Place to Work

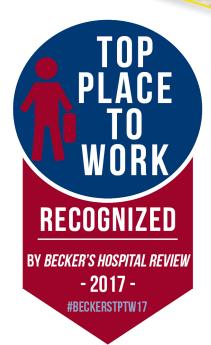
Have you heard?

Thompson Health is one of only eight health systems in New York State – and the only one in Western or Central New York – to be named to the 2017 *Becker's Hospital Review* list of 150 Top Places to Work in Healthcare.

Included on the list with the likes of the Mayo Clinic, the Cleveland Clinic and other nationally-respected health systems, Thompson took part in a (no cost) nomination process vetted through a panel of industry experts.

Nomination highlights included:

 Associate recognition programs such as Shining Stars, Service Excellence Awards, recognitions for years of service (upon 5-year milestones) and Star Catchers



Considered the leading source of business and legal information for healthcare industry leaders, Becker's Hospital Review has a number of publications and e-weeklies but also hosts conferences and webinars for healthcare executives throughout the year.

Nomination highlights, continued:

- External recognition both regionally and statewide, including:
 - The Joint Commission's Hip & Knee Replacement, Hernia Surgery and Advanced Perinatal Certifications
 - Three Wealth of Health Awards from the Rochester Business Journal
 - American Heart Association Platinum-Level, Fit-Friendly workplace designation
 - Magnet® redesignation for nursing excellence from the American Nurses Credentialing Center
- Team-building activities including the J.P. Morgan Corporate Challenge, the Twilight 5K, Tour de Cure, and Bowl for a Cure, led by the Thompson in Motion team
- The on-site, RN-to-BSN program offered by Roberts Wesleyan College at a greatly reduced price, with the opportunity to have Thompson Health nurse leadership serve as faculty
- Thompson recently increased the amount of tuition reimbursement available to associates, making full-time associates now eligible for up to \$4,000, and part-time associates eligible for as much as \$2,000
- The Birthing Center renovation was designed and built with an expanded lactation support suite for associates returning to work after the birth of a child
- Off-shift executive rounding to obtain feedback from all associates
- The Thompson Way, promoting the CARES values and empowering each associate to make process improvements, with defined behaviors expected of all
- Affordable health care through a self-insured plan with extra discounts available when a domestic network is used saved Associates about \$1 million in premium hikes in 2016.
- Both full-time and part-time associates are entitled to a pension and to a 403(b) plan with up to a
 3-percent employer match
- A focus on diversity, which resulted in recognition for a third time as a leader in LGBT equality from the Human Rights Campaign Foundation
- Lifestyle/condition management classes such as weight management and diabetes management, plus biometric screens and goal setting
- Perks such as free access to a fitness center, free parking and a heart-healthy cafeteria
- Weekly community supported agriculture program with free shares to low-income associates

